

## Conference

### ***Functional disorders. Comprehensive treatment and prevention.***

**Warsaw, June 5<sup>th</sup>-7<sup>th</sup>, 2009.**

**www.conferenceonfunctionaldisorders.eu**

**Venue:** Airport Hotel Okęcie and Airport Apartments

**Organizer:** Polish Medical Association

Co-organizer: European Network of Psychosomatic Medicine

**Organizing committee:**

Prof. B. Wasilewski

Prof. L. Szewczyk

Prof. J. Łazowski

**Chairman of the Scientific Committee:**

Prof. H.-Ch. Deter (University of Berlin)

Main language of the meeting is English, some working sessions will be in Polish with English summaries (marked red). Main sessions will be simultaneously translated (**marked ST**).

### ***Preliminary Program***

**Friday (05.06.2009 r.) – Airport Apartments, Poleczki str. 49, Warsaw, **AA****

**13.00-19.00** – Registration

**17.00-19.00- Workshop: *Psychotherapy by psychosomatic patients***

**Moderators:** K. Schier, B. Wasilewski, **Panel participants:** G. Ancane, R. Kielhorn,  
A. Faleide, G. Schuessler, T. Sivik, T. Lydenbach (limited number of participants)

**19.00-20.30** - Welcome drink

Saturday (06.06.2009 r.) Airport Hotel Okęcie , 17 Stycznia str. 24, Warsaw, **AHO**

Airport Apartments, Poleczki str. 49, Warsaw, **AA**

Sessions simultaneously translated **ST**

8.00-11.00	<b>REGISTRATION</b>
10:00-10:15	<b>OPENING OF THE CONFERENCE</b>
10:15-11:45	<p style="text-align: center;"><b><i>Main plenary session</i></b></p> <p><b>Chairs:</b> H.-Ch. Deter (Berlin), B. Wasilewski (Warsaw)</p> <p>B. Wasilewski, Warsaw: <i>Functional disorders, introduction</i> (15 min.)</p> <p>T. Sivik, Goteborg: <i>Psychosomatic Theory of Science</i> (30 min.) Psychology as a theoretical paradigm of modern psychosomatic medicine</p> <p>K. Orth Gomér, Stockholm: <i>Integrating psychosomatic medicine and cardiology in Europe</i> (25 min.)</p> <p>R. Kielhorn, Berlin: <i>Should Balint groups be compulsory for physicians? Experiences and Statistics from Berlin and Germany</i> (20 min.)</p> <p style="text-align: right;">(eng), <b>ST</b> <b>AHO</b></p>

11:45-12:00	<b>COFFE BREAK</b>		
12:00-13:30	<p><b><u>Thematic oral session</u></b></p> <p><i>Pharmacotherapy of functional disorders; conventional, versus complementary medicine</i></p> <p><b>Chairs</b> F. Patacchioli (Roma), B. Wasilewski (Warsaw)</p> <p>F. Patacchioli; <i>Neuroendocrinological side effects induced by iatrogenic hypothalamus-pituitary-adrenal axis derangements: impact of classical and naturopathic medicines</i> (20 min.)</p> <p>B. Wasilewski: <i>Results of treatment of functional disorders of menopausal period with antidepressant drugs comparing to homeopathic remedies and placebo</i> (20 min.)</p> <p>E. Wasilewska-Dziubińska: <i>Indications for supplementary homeopathic treatment of osteoporosis in the light of recent research</i> (20 min.)</p> <p>Khosrow Taheri M.D.M.P.H: <i>Naturopathic roots of modern medicine</i> (20 min.)</p> <p><b>Discussion (10 min.)</b></p> <p>(eng/ pol) <b>ST</b></p> <p><b>AHO</b></p>	<p><b><u>Thematic oral session</u></b></p> <p><i>Functional disorders in general medicine. Psychosomatic care</i></p> <p><b>Chairs:</b> G. Schuessler (Insbruck) D. Dumitrescu (Cluj)</p> <p>H.-Ch. Deter: <i>Functional disorders in gastroenterology</i> (20 min.)</p> <p>T. Sivik: <i>Art-psychotherapy in treatment of patients suffering from work related Burnout disorder</i> (20 min.)</p> <p>G. Schussler: <i>Update in psychoneuroimmunology</i> (20 min.)</p> <p>T. Leydenbach: <i>Existential Impasse and Illness. A Clinical Approach</i> (30 min.)</p> <p>(eng.)</p> <p><b>AHO</b></p>	<p><b><u>Thematic oral session</u></b></p> <p><i>Functional disorders in pediatrics</i></p> <p><b>Chairs:</b> J. Komender (Cracow), K. Dropowa (Cracow)</p> <p>J. Komender: <i>Functional disorders in pediatrics - introductory remarks</i> (15 min.)</p> <p>K. Dropowa: <i>Experience of treatment of functional disorders by Outpatients Psychosomatic, Clinical Department on Cracow University</i> (15 min.)</p> <p>A. Faleide: <i>Characteranalytic vegetotherapy with asthmatic children</i> (15 min.)</p> <p>P.A. Butwicka: <i>Psychiatric co-morbidity among children and adolescents with type 1 diabetes-preliminary study</i> (15 min.)</p> <p>M. Waś: <i>The image of the relationship in the family in children with diabetes</i> (15 min.)</p> <p><b>Discussion (15 min.)</b></p> <p>(eng.)</p> <p><b>AHO</b></p>
13:30-14:30	<b>LUNCH</b>		

<p>14:30-16:00</p>	<p><b><u>Thematic session + panel discussion</u></b>  <i>Psychosomatic rehabilitation</i></p> <p><b>Chairs:</b> M. Linden (Berlin) J. Łazowski (Cracow)</p> <p>M. Linden, Berlin: <i>Status and development of psychosomatic rehabilitation in Germany (30 min.)</i></p> <p>M. Bryła: <i>Therapeutic rehabilitation as a Social Insurance Company (ZUS) pension prevention tool in psychosomatic diseases (20 min.)</i></p> <p><b>Panel discussion (40 min.)</b>  <b>Moderators:</b> . M. Linden, Berlin, J. Łazowski, Cracow.  <b>Participants:</b> P. Sala, M. Bryła, J. Bukowski, T. Bukowski</p> <p>(pol./eng) <b>ST</b>  <b>AHO</b></p>	<p><b><u>Thematic oral session</u></b>  <i>Advances in psychosomatic care</i></p> <p><b>Chairs:</b> H.-M. Rothe (Goerlitz), S. Murawiec (Warsaw)</p> <p>P. Sala: <i>The phenomenon of treatment cessation in patients with diagnosed anorexia and bulimia nervosa during psychotherapy conducted in the Clinic for Neuroses, Psychiatry and Neurology Institute (10 min.)</i></p> <p>H.-M. Rothe: <i>Functional disorders in Internal medicine and the Significance of the physician-patient-relationship in their treatment (20 min.)</i></p> <p>H. Menzel: <i>17 years of Specialization in Psychosomatic Medicine and Psychotherapy in Germany - a model for Europe? (20 min.)</i></p> <p>A. Faleide: <i>Group psychotherapy for women with generalized chronic pain (20 min.)</i></p> <p>S. Murawiec: <i>Psychological functions of medication in functional disorders (15 min.)</i></p> <p><b>Discussion ( 5 min.)</b></p> <p>(eng.)  <b>AHO</b></p>	<p><b><u>Thematic oral session</u></b>  <i>Functional disorders and psychosocial aspects in sexology</i></p> <p><b>Chairs:</b> Z. Izdebski (Zielona Góra), K. Schier (Warsaw)</p> <p>Z. Izdebski: <i>Psychosocial issues of sexual dysfunctions in men (15 min.)</i></p> <p>K. Schier, M. Topór-Pamuła: <i>Body image in infertile women (15 min.)</i></p> <p>S. Dulko: <i>Psychosocial aspects of transsexualism (15 min.)</i></p> <p>E. Makulska – Gertruda: <i>Sex addiction (15 min.)</i></p> <p>Ch. Imieliński: <i>Psychosomatic aspects of sexual disorders in the light of experience of treatment of outpatients on Sexuology. Clinical Department of CMKP University Hospital in Warsaw (15 min.)</i></p> <p>Agnieszka Walendzik-Ostrowska: <i>Sex behaviors of people using drugs and people not using drugs(10 min.)</i></p> <p><b>Discussion (5 min.)</b></p> <p>(pol)  <b>AHO</b></p>
<p>14:30-16:00</p>	<p><i>Balint – supervision group</i>  Rita Kielhorn (Berlin)  (limited number of participants)  (pol)  <b>AA</b></p>	<p><b>ENPM 1 working session</b>  – Directions for further development of ENPM activity  <b>Chair:</b> H. CH Deter (Berlin), Prof. D. Dumitrescu (Cluj) (eng.) (+ distance participants)</p> <p><b>AA</b></p>	
<p><b>COFFE BREAK</b></p>			
<p>16:00-16:15</p>	<p><i>Balint – supervision group</i>  Rita Kielhorn (Berlin)  (limited number of participants)  (pol)  <b>AA</b></p>	<p><b>ENPM 2 working session</b>  - European educational standards of psychosomatic care and medical psychotherapy  <b>Chair:</b> G. Schuessler (Innsbruck), B. Wasilewski (Warsaw)  (eng.) (+ distance participants)</p> <p><b>AA</b></p>	
<p>19:00-22:00</p>	<p><b>Conference diner on Old Town Restaurant: „Bazyliszek”</b></p>		

Sunday, June 7<sup>th</sup>, 2009, Airport Apartments, Poleczki str. 49

07:00-08:00	<b>BREKFAST</b>	
09:00-10:30	<p><i>Balint – supervision group</i>  B. Wasilewski (Warsaw)  (limited number of participants)</p> <p>(pol)</p> <p><b>AA</b></p>	<p><b><u>Thematic oral session</u></b></p> <p><i>Psychoneuroimmunology + Functional disorders in dermatology</i>  <b>Chairs:</b> A. Zalewska-Janowska ( Łódź), I. B. Iamandescu ( Bukarest)</p> <p>J. Zalewska-Janowska: <i>Elf-inflicted skin lesions - clinical presentation</i> (20 min.)</p> <p>B. Broom: <i>Meaning-full disease, psychoneuroimmunology, and the mind body clinician</i> (20 min.)</p> <p>I.B. Iamandescu: <i>Psychoneuroallergology a-main filed of psychosomatics</i> (20 min.)</p> <p>L. Diaconescu: <i>Experimental effects of musicalic on skin reactivity in patients with allergy to medicines</i> (20 min.)</p> <p><b>Discussion (10 min.)</b></p> <p>(eng.)</p> <p><b>AA</b></p>
10:30-10:45	<b>COFFE BREAK</b>	
10:45-11:45	<p><b>Final plenary session</b></p> <p><b>Chairs:</b> K. Orth Gomer (Stockholm), G. Ancane (Riga)</p> <p>D. Dumitescu (Cluj)  <i>Functional disorders in gastroenterology</i> (30 min.)</p> <p>R. F. B. Veríssimo (Porto)  <i>Trends dynamics of the Psychiatric System today, towards integration with psychosomatics</i> (distance participant) (15 min.)</p> <p>K. Taheri (London) (15 min.)  <i>Mind-Body - Interactions in health promotion</i></p> <p><b>AA</b></p>	
12:00	<p><b>Closing summary of the Conference</b></p> <p>B. Wasilewski (Warsaw), H. Ch. Deter (Berlin)</p> <p><b>AA</b></p>	