

# Curriculum Vitae

**Tatjana Sivik**

Born 16/1 1947

## Education

### *In Croatia:*

- BA in Literature and Philosophy, University of Zagreb, 1968

### *In Sweden:*

- BA in Sociology and Psychology, 1974
- MS in Psychology 1978
- MA in Psychology 1979
- Psychotherapy license (psychoanalytical training) 1980
- University teacher and supervisor in Psychology and Psychotherapy, from 1981
- Medical School Examination 1989 (Internal Medicine)
- MD, Ph.D. (Department of General Internal Medicine, University of Göteborg), 1992
- Ass. Prof. General Medicine, 1995
- Prof. Psychosomatic Medicine

## Jobs (selection)

- Yugoslavian consulate in Göteborg, with responsibility for social issues, 1968-71
- 1974-80 psychologist, psychotherapist and supervisor at a Mental Hospital, Uddevalla, Sweden
- 1980-89 (parallel with Medical School) University teacher in psychology and psychotherapy, and supervisor at Mental Hospitals.
- Research in Psychosomatic Medicine from 1984.
- From 1989 lecturer in Psychosomatic Medicine at the Medical School at the Universities of Göteborg and Stockholm

## Current works

### **..that primarily involve research and treatment:**

- Director of Institute of Psychosomatic Medicine, Göteborg
- Head (and founder) of the "Research Institute of Psychosomatic Medicine" (financed by research councils, insurance companies etc.)
- "Coordinator" of psychosomatic-medical research within EU, with co-researchers from Germany, Belgium, Italy, Turkey, Sweden and Norway
- Associated researcher at the dept. of Clinical Bacteriology, University of Upsala
- Associated researcher at the dept. of Orthopedics, University of Göteborg

- Head or member of several research projects:
  - Primary Health Care Project, Tidaholm (epidemiological study)
  - Mapping of cardiovascular risk factors among workers at the Volvo car plant
  - Epidemiological prospective and longitudinal study of Whiplash-injuries in western Sweden
  - Treatment study of 82 chronic pain patients at the primary health care in Filipstad
  - Treatment study of 54 chronic, psychosomatic patients at the psychiatric clinic in Kristianstad
  - Epidemiological, longitudinal study of by-pass-operated patients in Värmland
  - The Asthma-FBD study at the dept. of Allergology, GU, and the dept. of Social Medicine at the University of Linköping
  - AFA-study, epidemiological study of STD, Clinical Bacteriology, Univ. of Upsala
  - "The Pain Project" at the Primary Health Care at Olskroken, Göteborg. (240 acute pain patients)
  - The PTSD study. 120 traumatized soldiers from the Croatian war (In collaboration between WHO and the Swedish Government)
  - Rehabilitation of traumatized refugees in Göteborg.
  - On-going research of Integrative Psychosomatic Treatment at Institute of Psychosomatic Medicine, GU

**.. ..that primarily involve teaching and supervision:**

- External Lecturer and examiner in Medical Schools (work medicine, psychiatry, general medicine and rehabilitation medicine), as well as in other relevant university departments.
- Extensive lecturing for national and private insurance companies, hospital personnel etc.

**Miscellaneous**

- Founder and first chairman of The Swedish Association of Psychosomatic Medicine
- President of Baltic Society of Psychosomatic Medicine (Germany, Denmark, Sweden, Finland, Estonia, Latvia, Lithuania, Russia, Poland, and Norway).
- President Elect and member of the board of ICPM (International College of Psychosomatic Medicine) (President from 2001)
- President of the upcoming 16th ICPM Congress on Psychosomatic Medicine 2001 in Gothenburg.
- Active member of the following associations: Pavlovian Society, SASP (Scand. Ass. for the Study of Pain), IASP ( International Ass. for the Study of Pain), American Psychosomatic Society, Swedish Association of Neuroscience
- Chairman of the organization committee of Ciba-Geigy-conference on pain, Göteborg, 1991
- Chairman of the organization committee of National conference of Psychosomatic Medicine, Ronneby, 1993

- Chairman of the organization committee of 2nd Baltic Sea Conference on Psychosomatic Medicine and Public health, Ronneby 1994
- Member of the organization committee of several international congresses (Jerusalem 1995; Gent 1995; New York 1993; Riga 1996; Cairns 1997)
- Member of the editorial board of Journal Advances

## **Personal**

1947 Born in Rijeka, (former Yugoslavia, now Croatia)

1967 Moved to Sweden

Married to Prof. Lars Sivik, two children, Rebecca Schoenfeld born 1967, Martin Sivik born 1976

## List of publications

### Original articles in current content journals:

Sivik T. **Personality Traits in Patients with Acute Low-Back Pain. A Comparison with Chronic Low-Back Pain Patients.** *Psychoter Psychosom* 56:135-140, 1991.

Sivik, T. **Diagnoses and Treatment of patients with idiopathic back pain.** (Doctoral Thesis) *Dept. of Primary Health Care, Univ. of Göteborg*, (116 pp) 1992.

Sivik T., Gustavsson E. & Klingberg-Olsson K. **Differential diagnosis of low-back pain patients; A simple quantification of the pain drawing.** *Nord J psychiatry* 46:55-62, 1992.

Sivik T. & Hösterrey U. **The Thematic Apperception Test as an Aid in Understanding the Psychodynamics of Development of Chronic Idiopathic Pain Syndrome.** *Psychother Psychosom* 57:57-60, 1992.

Sivik T. **Education of General Practitioners in Psychosomatic Medicine. Effects of a Training Programme on the Daily Work at Primary Health Care Centres.** *Gen Hosp Psychiatry*, 14: 375-379, 1992.

Sivik T., Røjwall S., Gustafsson E., Klingberg-Olsson K., Wagner A., & Delimar N. **Relationship between Back Pain and Personality. Psychological Vulnerability as Risk Factors for Development of Chronic Back Pain.** *Nord J Psychiatry*, 46:3, 188-193, 1992.

Sivik, T. **Psychological reactions to severe traumatic experiences.** *Fiz Med Rehab* 1-2: 27-41, 1992.

Ringsberg, K., Löwhagen O. & Sivik T. **Psychological Differences Between Asthmatics and Patients Suffering from an Asthma-Like Condition, Functional Breathing Disorder: A Comparison Between the Two Groups Concerning Personality, Psychosocial and Somatic Parameters.** *Integrative Physiological and Behavioural Science*, October-December, 28:4, 358-367, 1993.

Delimar N., Kosicek M., Delimar D. & Sivik T. **Epidemiological model of hepatitis A.** *Periodicum Biologorum*, 95:4, 409-414, 1993.

Sivik T. **Alexithymia and Hypersensitivity to Touch and Palpation.** *Integrative Physiological and Behavioural Science*. April-June, 28:2, 130-136 1993.

Rose G., Sivik T. & Delimar N. **Gender, Psychological Well-Being and Somatic Cardiovascular Risk Factors.** *Integrative Physiological and Behavioural Science*. 29: 4, 423-430 1994.

Sivik T. & Delimar D. **Characteristics of Patients who attribute chronic pain to minor injury.** *Scand J Rehab Med*, 26:27-31, 1994.

- Lansinger B., Nordholm L. & Sivik T. **Characteristics of low back pain patients who do not complete physiotherapeutic treatment.** *Scand J Caring Science*, 8: 163-167, 1994.
- Delimar D., Sivik T., Korenjak P., & Delimar N. **The Effect of Different Traumatic Experiences on the Development of the Posttraumatic Stress Disorder.** *Military Medicine*, 95:4, 409-4011, 1995.
- Hellzén-Ingemarsson A., Sivik T. & Nordholm L. **Sick-leave among patients with lumbar and cervical pain: Relationship to previous sick leave, education, nationality, sleep disturbance and experience of pain.** *Psysiotherapy Theory and Practice*, 12, 143-149, 1996.
- Hellzén-Ingemarsson A., Nordholm L. & Sivik T, **Risk for long-term disability among patients with back pain.** *Scand J Rehab Med*, in press, Nov. 1997.
- Ringsberg, K., Wetterqvist, H., Sivik T. & Löwhagen O. **Physical capacity and dyspnoea in patients with astma-like symptoms but negative asthma tests.** *Allegy*, 52:532-540, 1997.
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- Delimar, D. Sivik, T., Korenjak, P. & Delimar, N. **Posttraumatic Stress Disorder Among Croat Soldiers in the Defense War During 1991-1993 in Croatia. General characteristics and traumas of soldiers.** *Stress Medicine*, 5:13; 1997 in press.
- Sivik, T., Delimar, D., Korenjak, P. & Delimar, N. **The Role of Prolactine, Cortisol and Blood Pressure among injured Soldiers in War 1991-1993 in Croatia.** *Integrative Physiological and Behavioural Science*, 3:1, 1997 in press.
- Sivik, T., Löwing, C & Mårdh, P-A. **The Relationship between certain Personality Traits and Risk Sexual Behaviour among Swedish Women.** *Genitourinary Medicine*, accepted for publication.
- Sivik, T., Delimar, D., Korenjak, P. & Delimar, N. **Certain Psychological Characteristics of injured Soldiers in War 1991-1993 in Croatia.** *Stress Medicine*, accepted for publication.
- Sivik, T., Delimar, N. & Schoenfeld, R. **Two related Tests for the Assessment of Psychosomatic Personality Profile and Coping Style: SPS – Sivik Psychosomatism Test, and OPER – the test of Operationality. Factor Analysis and reliability of the tests.** *Journal of Clinical Psychology*, accepted for publication.
- Sivik, T., Delimar, N. & Schoenfeld, R. **SPS – Sivik Psychosomaticism test and OPER – the test of operational style; Item and construct validity and presentation of the scales and subscales.** *Journal of Clinical Pstyhology*, accepted for publication.
- Sivik, T., Delimar, N. & Schoenfeld, R. **Discriminant validity of SPS – Sivik Psychosomaticism test and OPER – the test of operational style.** *Journal of Psychosomatic Research*, accepted for publication.
- Sivik, T., Delimar, N. & Schoenfeld, R. **Context validity of SPS – Sivik Psychosomaticism test and OPER – the test of operational style.** *Journal of Personality Assessment*, accepted for publication.

Sivik, T. **Since we have both body and mind we are all psychosomatic.** *Journal of Advances in body and mind medicine*, will be published in Aug 1998.

Sivik, T. **Psychosomatic research in relation to theory of science.** *Journal of Advances in body and mind medicine*, will be published in Okt 1998.

## **Institutional reports:**

Sivik, T. **Samtalsterapi vid kroniska ländryggssmärter**. *Läkartidningen*, 86:25, 1989.

Klingberg-Olsson K., Gustavsson E. & Sivik T. **Vem riskerar att få kroniska ryggbesvär?** *Sjukgymnasten; Vetenskapligt Supplement*, 2/93, 1993.

Klingberg-Olsson K., Hellzén-Ingemarsson A. & Sivik T. **Psykologisk sårbarhet och kronifiering av rygg- och nackbesvär**. *Sjukgymnasten; Vetenskapligt Supplement*, 1/94, 1994.

## **Textbooks:**

Sivik, T. (1988) **Dynamisk psykoterapi, del I: Personlighetsutveckling - karaktärsbildning**, *Studentlitteratur*, Lund.

Sivik, T. (1990) **Dynamisk psykoterapi, del II: Diagnos - psykopatologi - behandlingsteknik**, *Studentlitteratur*, Lund.

Sivik, T. & Fredriksson E. (1990) **Växtverk**, *Studentlitteratur*, Lund,

Sivik, T. (1991) **Helhetssyn på sjukdom och hälsa**. Antologi, *Ciba-Geigy*, Göteborg.

Sivik, T. In: Strauss B., Bahne Bahnsen C., Speidel H. (ed.) (1993) **Integrative Psychosomatic Treatment of Patients with Chronic Low-Back Pain. Effects of Psychotherapy by Specially Trained General Practitioners**. *New Societies - New Models in Medicine*, 136-142.

Sivik, T. (1993) **Tendency to somatize, Personality traits and low back pain - Psychological Vulnerability as risk factor for the development of chronic back pain**. In: Ernst E., Jayson M., Pope M. & Porter R. (edit.) *Advances in idiopathic low back pain*, 191-195.

Sivik, T. & Theorell T. (Red.) (1995) **Psykosomatisk medicin**, Antologi, *Studentlitteratur*, Lund.

Sivik, T. **Sivik Psychosomaticism Test (SPS)**. *Manual, Psykologiförlaget*, accepted for publication.